## **Quest Food Management**

Page 5

Recipe Sizing Report

Feb 20, 2015

002226 - pizza- personal 5" round : nslp	Components	Attributes	Allergens Present	Allergens Absent	Allergens Unidentified
HACCP Process: #2 Same Day Service Number of Portions: 1	Meat/Alt: 2 oz Grains: 2 oz				? - Milk ? - Egg
Size of Portion: each	Fruit: Vegetable: 0.125 cup Milk:				? - Peanut ? - Tree Nut ? - Fish
					? - Shellfish ? - Soy
					? - Wheat

Ingredients	Measures	Instructions
903697 pizza- 5" round personal max gfs 110470	1 each	

\*Nutrients are based upon 1 Portion Size (each)

Calories	290 kcal	Cholesterol	5 mg	Sugars	5.0 g	Calcium	0.00 mg	24.83% Calories from Total Fat
Total Fat	8.00 g	Sodium	400 mg	Protein	16.00 g	Iron	0.00 mg	6.21% Calories from Saturated Fat
Saturated Fat	2.00 g	Carbohydrates	40.00 g	Vitamin A	0.0 IU	Water <sup>1</sup>	0.00 g	0.00% Calories from Trans Fat
Trans Fat²	0.00 g	Dietary Fiber	4.00 g	Vitamin C	0.0 mg	Ash <sup>1</sup>	0.00 g	55.17% Calories from Carbohydrates
								22.07% Calories from Protein

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

- \* denotes combined nutrient totals with either missing or incomplete nutrient data
- 1 denotes optional nutrient values
- <sup>2</sup> Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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## round perso

Elena Hildre to me



## Fit for Kids Plus, 5" Round

OZ

SKU: 7738712724



Brand: The MAX

### Description

5\* Round Cheese pizza.

#### Benefits

Lunch aRound 5" pizza that provides 2 equivalent grains and 2 meat/mea

#### **Nutrition Facts**

Serving Size: 1 Piece Servings per Case: 60 Amount per Serving

Calories: 290 Calories from Fat: 72

% Daily Value\*

Total Fat: 8 g 12%
 Saturated Fat: 2 g 10%
 Trans Fat: 0 g

Cholesterol: 5 mg 5%

 Sodium: 400 mg
 17%

 Total Carbohydrates: 40 g
 14%

 Dietary Fiber: 4 g
 16%

Sugars: 5 g Protein: 16 g

\*Percent Daily Values are based on a 2000 calorie diet. Your daily values may differ depending on your calorie needs.

### Packaging Details and Shelf Life

 Pack: 60/5 OZ
 Gross Weight: 20.553

 Net Weight: 18.78
 Case Length: 16.563

Case Height: 12.875 Case Width: 11.063

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